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Rtn. Jennifer Jones R.I. President - 2022 - 2023



Rtn. Tanmay Agrawal Club President



Rtn. Shrikant Indani D.G. 3060 - 2022-2023



Rtn. Sanjay Jalan Hon. Club Secretary

Bulletin Editor : Rtn. Mausam Jalan

FROM THE DESK OF BULLET-IN EDITOR



My Dear Rotary Surat West Family,

December is Disease prevention and Treatment Month.

FIT INDIA Movement was launched on 29th August, 2019 by Hon'ble Prime Minister with a view to make fitness an integral part of our daily lives. The mission of the Movement is to bring about behavioral changes and move towards a more physically active lifestyle.

Six things to do to stay fit

Balanced Diet. Active lifestyle. Yoga and exercises or workout. Avoid fatty foods. Do not skip meals.

Avoid alcohol, smoking and drugs.

Fitness is not a destination but it is journey, and lifelong journey.

Regards Rtn Mausam Jalan Bulletin Editor – Year 2022-23 **4th December Sunday Morning** : Members of Rotary Club of Surat West organized a Mini Marathon/Walkathon from Surat Airport to Dumas.

It was an energetic and enjoyable Sunday morning for the Rotarions who joined.

Members enjoyed Tea and Bhajiyas at Dumas after the Run

















14Th December Wednesday : Rotary Club of Surat West had Organised a free OPD Check up Camp at Seva Hospital, Bhestan.

175 Patients availed the facility . Doctors at the Seva Hospital took Good Care of the patients and guided them for the best treatment













Medicines were provided at Cost plus 5% profit to patients

14Th December Wednesday : Members of Rotary Club of Surat West along with Deputy Commissioner of Police IPS Smt Bhavana Patel visited the Bachpan day Care Centre at Sachin GIDC.

Smt Bhavana Patel interacted with the children and teachers there and inspired them to send the older children to school where they can get a formal Education. She pledged her and the departments support for improving the life of Children.

Stationary Kits were also distributed to the children present.









Bachpann Day Care Centre is a permanent Project under taken by Rotary club of Surat West to take care of Children of Labourers working the Mills of GIDC Sachin.

Learn how to address your club's challenges

Many clubs face challenges related to three things:

- . Attracting new members
- . keeping members engaged and
- . finding meaningful ways to contribute to their communities.

Use the Club Planning Assistant to get tailored advice for addressing your club's challenges. Club leaders, you'll receive an instant response with links to the resources we recommend to help you address your club's most pressing challenges. You can then build these suggested strategies into your club's membership plan.

https://msgfocus.rotary.org/q/12GIMJ40ek1kSG9IRuRLHcb0/wv

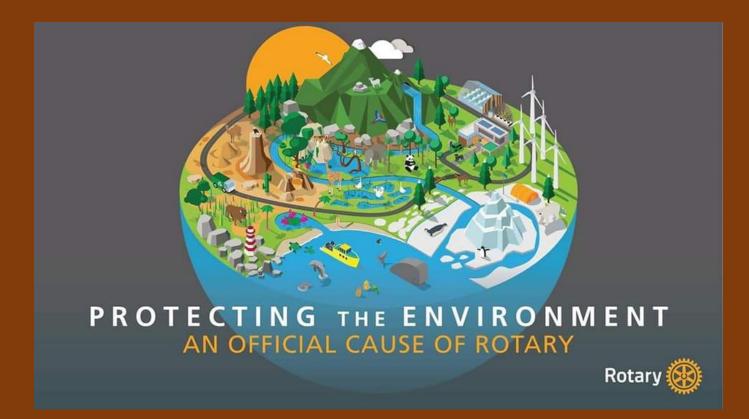


Connect with prospective members

Every January, we see a big increase in inquiries about joining Rotary. District and club leaders, remember to follow up with these prospective members to ensure that they have a positive experience. You can gain a better understanding of how to turn leads into members by taking the Online Membership Leads course. Use the Refer a new member form if you know someone who might be interested in joining. The updated form allows all Rotary members to refer a prospective member to their own club or to a different club.

Protecting the Environment-An official Cause of Rotary

Learn more about Rotary and the environment here: <u>rotary.org/environment</u>



Rotary Wisdom



The single biggest way to impact an organization is to focus on leadership development. There is almost no limit to the potential of an organization that recruits good people, raises them up as leaders and continually develops them.

John C Maxwell

QuoteAddicts

Rotary- People of Action

Rotary is all about People Of Action! Rotary International President Jennifer Jones meet Joan Policarpio, President of the Rotary Club of San Fransisco del Monte (Philippines) - she has grown her club since July 1st from 53 to 110 active and engaged members !



Rotary's Response to War in Ukraine



Rotary's response to the war in Ukraine has been simply incredible. Since the war began in February, Rotarians have opened their hearts to support those affected by the war in many different ways. Many members in my district have also been thinking, what can we do, right here, right now?"

Laura Kann, governor of District 6420, shares how an August article from the Chicago Tribune spurred her into action. Forced from their homes, many Ukrainian children faced a school year filled with new challenges. Two primary schools in Chicago's Ukrainian Village experienced a nearly 40% increase in enrolment due to children fleeing the war in Ukraine. With that increase came a lack of resources to support these new students.

Enter Laura, District 6420, and Usborne Books & More, who partnered to set up a book fair. The results? 2,000 books were purchased and delivered to Columbus Elementary School and St. Nicholas Cathedral School.

Poem on Rotary

*Where there is darkness, Rotary shares light. *Where there is loneliness, Rotary shares love. *Where there is illiteracy, Rotary shares education. *Where there is ignorance, Rotary shares knowledge. *Where there are problems, Rotary shares solutions. *Where there is enmity, Rotary shares friendship. *Where there are unearthed talents, Rotary shares opportunities. *Where there are needs, Rotary shares new horizons of living. *Where there is a tear, Rotary shares smiles. *Where there is a distance, Rotary shares the miles. *Where there is pain, Rotary shares the agony. *Where there is gain, Rotary shares the joy. *Where there are achievers, Rotary shares the compliments. *Where there are failures, Rotary shares success supplements. *Where there are orphans, Rotary shares the family. *Where there are elders, Rotary shares time. *Where there is childhood, Rotary shares values of life. *Where there is youth, Rotary shares the ladder of leadership. *Where there is unemployment, Rotary shares career choices. *Where there is lack of awareness, Rotary shares vocational training. *Where there is despair, Rotary shares hope. *Where there is depression, Rotary shares inspiration. *Where there is weakness, Rotary shares strength. *When there is chaos, Rotary shares harmony. *Where there is illness, Rotary shares curing. *Where there are disabilities, Rotary shares ability. *Where there are contingencies, Rotary shares might. *Where there is poverty, Rotary shares ways to wealth. *Where there is nothing, Rotary shares something. *Where there is everything, Rotary sources it and shares it with those who have nothing.

This beautiful poem was written by #Mrs. Jayanthi Raja Seenivasan during the year 2007 when the theme was #RotaryShares*. It was published in Rotary News too. Mrs. Jayanthi is wife of PDG Rtn V Raja Seenivasan (District Governor RI Dist 3230, 12-13)

Rotary is Committed to End Polio



Rotary International Data : Courtesy PDG Rtn Devendra Shastri

Up Coming Programs for the Month of December:

21st Dec Wednesday : Board Cum Election Meeting to Elect the Team for Rotary Year 2023 – 24 & President for the Year 2024 – 25.

Agenda and Venue has been shared in the official Group

22, 23 & 24 Dec : Anushree - District Conference at Aurangabad.

24th Dec Saturday : Christmas Party & Dance Competition at the Amore.

Please Register yourself for the Dance Competition and get a Chance to win exciting prizes..